

Appendix 3

Call room and track entry times

Saturday 22 July

Sunday 23 July

Last call	Enter track	Start time	Event	Last call	Enter track	Time	Event
11:30	11:45	12:30	Pole Vault Women	10:15	10:30	11:15	Pole Vault Men
11:45	11:55	12:30	Hammer Throw Women	10:15	10:25	11:00	Hammer Throw Men
12:50	13:05	13:15	100 m Hurdles Women	11:05	11:20	11:30	100m Extra Men
12:30	12:40	13:15	Triple Jump Men	10:45	10:55	11:30	Long Jump Women
12:30	12:40	13:15	Shot Put Men	10:45	10:55	11:30	Shot Put Women
13:05	13:20	13:30	110 m Hurdles Men	11:20	11:35	11:45	100m Extra Women
13:20	13:35	13:45	100 m Men	11:35	11:50	12:00	400m Hurdles Men
13:30	13:45	13:55	100 m Women	11:50	12:05	12:15	400m Hurdles Women
13:15	13:25	14:00	Discus Throw Women	12:05	12:20	12:30	800m Men
13:45	14:00	14:10	1500 m Men	11:45	11:55	12:30	Discus Throw Men
13:55	14:10	14:20	1500 m Women	12:15	12:30	12:40	800m Women
14:10	14:25	14:35	400 m Men	12:30	12:45	12:55	200m Men
14:20	14:35	14:45	400 m Women	12:15	12:25	13:00	Long Jump Men
14:00	14:10	14:45	Triple Jump Women	12:40	12:55	13:05	200m Women
14:35	14:50	15:00	3000 m Steeplechase Men	12:55	13:10	13:20	5000m Men
14:15	14:25	15:00	High Jump Men	12:45	12:55	13:30	High Jump Women
14:55	15:10	15:20	3000 m Steeplechase Women	13:15	13:30	13:40	3000m Women
14:45	14:55	15:30	Javelin Throw Men	13:15	13:25	14:00	Javelin Throw Women
15:15	15:30	15:40	5000 m Race walk Men *	14:15	14:30	14:45	4x400m Relay Women
15:45	16:00	16:15	4x100m Relay Men	14:30	14:45	15:00	4x400m Relay Men
15:55	16:10	16:25	4x100m Relay Women				
16:10	16:25	16:35	5000 m Race walk Women *				

Event	Call	To field/track
Track events (ex Relay)	T-25 min	T-10 min
Relay	T-30 min	T-15 min
Field events (ex Pole V.)	T-45 min	T-35 min
Pole Vault	T-60 min	T-45 min

* Might go as mixed heat at 15:40. Will be decided at the technical meeting on Friday 21.July

